

IDHAYA COLLEGE OF ARTS AND SCIENCE FOR WOMEN
PUDUPALAYAM
RED RIBBON CLUB
2022-2023

August 2022



On 12th August 2022 **Tamilnadu State Aids control Society(TNSACS)** has conducted a District and State level online quiz competition for channeling youth for healthy living.

Our college 45 RRC Students have participated through the given link

<http://rrcquiz2022.tnsacs.in>

and quiz link from 10.00am to 10.30am and also received E-Certificate from TNSACS.

November 2022

Orientation Training Program

On 17th November 2022 at 11am on **orientation training program** was held in our college on behalf of **YOUTH RED CROSS** in the presence of



Rev.Dr.Sara Jasmine the principal of our college. Tiruvannmalai District Red cross president Mr.Rajendran was the special guest of this program. Though to Red Cross of Tamilnadu Group has distributed the boxes containing 30 items of health hygiene kits to 20 of our health workers.

He spoke about the history of RED CROSS and the charitable activities done during COVID-19 period. Rs.25lakhs was provided by the District Collector to do this activity. He requested the Students also to serve for the society, donate their blood to save the life of the needy. In this program our special guest Mrs. LathaPrabulingam of Ex-nora, our college NSS Incharge Mrs.Kalaivani, RRC coordinator Mrs.Navya, Ex-nora Incharge Mrs.Renugadevi, college professors and students have activity participated in this program. At the end of the programme all the chief guest and inside the Idhaya Herbal Garden.

November 2022



On 21st November 2022 **Tamilnadu State Aids control Society(TNSACS)** has conducted a District and State level online quiz competition for channeling youth for healthy living.

Our college 31 RRC Students have participated through the given link

<http://rrcquiz2022.tnsacs.in>

and quiz link from 11.00am to 11.45am and also received E-Certificate from TNSACS.

February 2023

AIDS Awareness Programme on Thiruvalluvar University

On 10th February 2023 Mrs.Navya Programme Officer of RRC and two of our club volunteers went to the **Thiruvalluvar University** to attend **AIDS Awareness Programme** and received participation certificates.

February 2023 : Awareness Programme on Sanitary Napkin



On 10th February 2023 our club has organized "**Awareness Programme on Sanitary Napkin**". The chief guests was **Mrs.Sathiswathi, Mr.Planther, Mrs.Srivaneshwari JRS NGO from Tiruvannamalai.**

Mr.Planther JRS NGO, Tiruvannamalai explained in detail to the Students about cervical problems and physical ailments and because using Sanitary Napkins which the chemically treated.

Mrs.Sathiswari explained to the students about the use of antibiotic free and organic sanitary napkins made out of cotton cloth and its benefits and also she encouraged them benefits to use it, to eradicate the side effects of using chemically treated Napkins.

Finally, Students cleared their doubts from the special guests.

February 2023

Blood Donation Camp



On 20th February 2023 “**Blood Donation Camp**” was organized in our college with the help of Red Ribbon Club(RRC) and National Services scheme(NSS).The cheif guest was Dr.Bavithra,MD, Medical Officer Blood Center, Government tiruvannamalai, Medical college and Hospital tiruvannamalai.

Totally 11 Students have denoted their blood to save the life others and received the participation certificate.

Tuberculsis Awareness Program

On 10th March 2023 “**Tuberculsis Awareness Program**” was conducted



in our college and club coordinators. The program started with welcome address by Mrs.VirginCordilia staff secretary and Asst. Professor of Idhaya college.

The list of Chief Guests gave Tuberculsis Awareness Program are:

1. Mr.Sheshatri District Health Educator
2. Mrs.Brindha Treatment co-ordinator
3. Mr.Gunaseelan Govt. Private Medical co-ordinator
4. Mr.Madhusutharan master therapy Supervisor
5. Mr.Gopinath –ICTC Counsilor of Govt. Primary health centreKarapattu
6. Mr.Vetrivel–Laboratory specialist Govt. Primary health centreKarapattu

First Mr.Gopinath explained about Tuberculosis and its causes by a type of bacterium called Mycobacterium Tuberculosis. It spreads when a person with active TB disease in their lungs, coughs or sneezes of someone inhales that bacteria the expelled droplettes which contain TB bacteria.

Although TB is similar way to a cold after this,

1. Selvi.Valarmathi I-B.A English
2. Selvi.Sharmila II-Maths
3. Selvi.Gowri I-Physics
4. K.Bhuvaneshwari II-Chemistry
5. Priyadharshini II-Tamil

valuable talk about Tuberculosis and its causes. Among them 3 of the students have won prize and all the 5 participants received the certificates from the hands chief guest. Next Mrs.Brindha also gave Awariness about Tuberculosis. Followed that the staff and Students those,who are having continuous cough,fever,cold,etc, were taken chest X-rays to test for TB. Additionally sugar test and blood test also were taken. Finally they left our campus at 2.15p.m.

March 2023 : World Consumer Rights Day

On 15th March 2023 “**World Consumer Rights Day**” was conducted on



our Red Ribbon Club and Citizen Consumer Club has celebrated World Consumer Rights Day. Our club organized consumer awariness and Rights Rally for unnamalaipalayam village people.

Rally started by our college principal Rev.Dr.Sarajasmine and all the club Co-ordinators,RRC and CCC Students and parliament ministers have taken part in this Rally.

During the Rally Students and Co-ordinator went to each house to explain MRP, Net quantity,Manufacturingdate,expiringdate,Authorised Mark/symbol,Ingredients should be checked while purchasing goods and products.

June 2023 : DRUG ABUSE RALLY

On June 26th was observed as **International Day against Drug Abuse** and Illicit Trafficking as an expression of the determination to strengther action and cooperation to achieve the goal of a society free of drug abuse . A rally was conduted on June 26th at 10.30am and inagurated by our



Secretary Rev.Sr.Dr.Fathima Mary and the Inspector of Pudupalayam .

The Rally started from Unnamalalayam to Idhaya college and accompanied by Rev.Sr.Anthonymmal,Mrs.Kalaivani, NSS co-ordinator and Mrs.Navya,RCC club co-ordinator ,4 Staff members with our college 100 Students.

August 2023

Deworming Awareness Program



On 24th August 2023, Mrs.Navya The Red Ribbon Club co-ordinator organized a **deworming Awareness program** for all third year students. **Mrs.Rajeshwari the head of department of microbiology** provided information about Deworming, its causes, effects, prevention and the purpose of taking **ALBENDAZOLE** Tablet. A total of 150 Students participated in the Awareness program.

September 2023

HIV/AIDS Awareness Red Run Marathon 2023



students.

On 9thseptember 2023, the **Tamilnadu State AIDS Control Society** organized the **District level HIV/AIDS Awareness Red Run Marathon 2023**, which was conducted by the District level HIV/AIDS prevention and control unit. The marathon race was approximatedly 5km long and our college's Red Ribbon Club co-ordinatorMrs.Navya and Mrs.Nirmala, the Physical Director took the initiative and registered 35

The 35 students have participated in the **Marathon from Colletorate to Abayamandabam** in Tiruvannamalai.

September 2023

Dengue Awareness Program



preventive measures for Dengue.

On 21st September 2023, a **Dengue Awareness Program** was conducted in our college **Dr.Isaivani and her Team members from Siddha Hospital Pudupalayam**, The Secretary Rev.Sr.Dr.Fathima Mary introduced them to the Students Dr.Isaivani, the resource person for this program, gave a talk about Dengue Fever, explaining how it is Spread by **AEDES Mosquitoes**, its symptoms and

On May 6th was celebrated as **Dengue Awareness Day**. At last, Kabasura drink was distributed to all the Students.

November 2023

LEPROSY AWARENESS PROGRAM

To commemorate the **National Leprosy Eradication Day** on 29 November 2023. A **Leprosy Awareness Programme** was conducted in our college in the presence of Rev.Sr.Dr. Fathima Mary, the Secretary of our college. **The Chief Guests of this programme were Mr.Senthilkumar, Non-Medical Supervisor, Karapattu and Mr.Gothandam, The Health Supervisor.**

The Programme was commenced with a Welcome address rendered by Miss.Nandhini II-B.A English. The secretary honored the cheif guests with a shawl.

Mr.Senthilkumar gave as awareness talk on Leprosy and its Symptoms, how we prevent the causes, where we taken medical check-up,etc...

Next, Mr.Gothandam talks on symptoms of Leprosy, Prevention of Malaria,Dengue,Typhiod, Chicken Gunia etc...

Finally our Secretary thanked both of them the Programme come to end with vote of thanks by Miss.Sharmila III-Maths.

December 2023

WORLD AIDS AWARENESS PROGRAM



On December 1, 2023 our college celebrated **World AIDS Awareness day**. The Chief guest for this programme was Rev.Sr.Dr.Loorthu Mary, the Principal of our college. The programme was organized by Mrs.Daisy Margrat, the NSS Incharge and Mrs.Navya, the RRC Co-ordinator. During the programme, our Principal sister delivered an awareness talk about AIDS, including its causes, Symptoms and its Preventions to the participation of 150 students.

At the conclusion of this programme, we took an oath to mark World AIDS Awareness day.

NATIONAL VOTER DAY RALLY



On December 13, 2023 **NATIONAL VOTER DAY** is celebrated in our college. The whole Tamil and English Students, the Students from other Departments who belongs to NSS and RRC Students participated in the Rally under the guidance of Staff members. The Rally was led from **Unnamalaipalayam to our College**. The students proclaimed captions to raise Awareness among people about their rights to vote. Drawing competitions were conducted for the Students, and the Students wrote an **Inland letter about the Importance of voting**.

WORLD AIDS AWARENESS PROGRAM



On the observance of **WORLD AIDS DAY** December 15, 2023, the following activities are suggested NACO to be carried out at the institution level by RRC Students. The following competition are conducted by our college RRC Co-ordinator Mrs.Navya, Asst. Professor of BCA.

15.12.2023 - PAINTING

18.12.2023 - POSTER MAKING

19.12.2023 - FACE PAINTING

20.12.2023 - RANGOLI

21.12.2023 - DEBATE based on theme of AIDS Awareness.

Finally at end of the day 21st December the Students formed a **HUMAN CHAIN** to create AIDS Awareness.

2024

BLOOD DONATION AWARENESS

On 23rd January 2024, Blood Donation Awareness Programme was conducted in our college at 3.00p.m in the presence of Rev.Dr.Sr. Fathima Mary, the Secretary of our college. The Resource persons were Mr.Shahid INIJ, Chengam Branch, Vice President and Mr.B.RamkumarArthropologist, sc/st, vigilance officer, TamilNadu Government Mr.Shahid gave an Awareness speech about Blood Donation. Just one Persons Blood Donation can save upto 3 lives.

Blood Donation camp is going to arranged on January 28in Ganesha Matrimony hall at Chengam. So, he encouraged the Students to denote their blood to save the lives in our Society.



