

2021

**“AT THE END OF THE DAY, THE GOALS ARE SIMPLE: SAFETY AND SECURITY.”**

On 6th August 2021, our Citizen Consumer Club has taken the incharge of **drawing, dance and Tamil competitions** about COVID-19.

Eight of our Department of Physics students participated in this **“Corona Awareness Program.”**

Our club coordinator, G. Chandralal, has conducted this awareness program. She explained about the rules of this competition.

Our students have given the message about Corona awareness, such as: **Wear the mask, Washing hands frequently,Keep social distance,Get vaccinated...**

Each and every student has participated very eagerly and enthusiastically.



**“TO BE VACCINATED AGAINST STRESS — PRACTICE REGULAR MEDITATION.”**

On 1st September 2021,our club has organised a special **VACCINATION CAMP** in our college.

According to the suggestions of our **TIRUVANNAMALAI COLLECTOR**, a vaccine camp was organized for our students—those who are aged 18 years and above—to get immunization.

Our chief guest, Dr. **SAVITHA**, gave suggestions about the vaccination to save the society from the upcoming dangers of CORONA in future.

Apart from this, habits like wearing masks, **keeping distance of two yards, and hand and mouth cleaning** are very important even after vaccination.

Nearly 65 of our staff and students have been vaccinated through this camp.

Our club students helped the medical team in arranging and providing tea and snacks for them.



2022

**"A MARKET WITHOUT CONSUMERS WILL BE A SKY WITHOUT THE STARS AND MOON."**

### **WORLD/NATIONAL CONSUMER DAY CELEBRATION-2022**

As per the circular received from Tiruvannamalai district collectorate G.o.No: 9094/2022 Dated 25.02.2022 to Conduct competition before 2nd March and to send the winners name list.

On 01.03.2022, we have conducted various competitions about **CONSUMER PROTECTION AND RIGHTS** to all department students. The competitions started at 11.00AM to 1.20PM by the CCC Coordinator Mrs. CHANDHIRIKA.

The topics covered are

- \* **Current food safety act 2019.**
- \* **Food Safety and Control Act 2014.**
- \* **Competition to detect violations of the law.**
- \* **Preventing and avoiding food waste.**
- \* **Measure to protect the general public from the effects of misleading advertising.**

Participants of the events are:

1. Drawing - 14
2. Speech - 7
3. Essay writing - 35

Totally 56 students have participated.





After the assessment reports were prepared along with the winners list and it was sent to Thiruvannamalai collectorate.

Winners of the events are

EVENTS	NAME OF THE STUDENTS	DEPARTMENT	POSITION
SPEECH	SARANYA. C	I - PHYSICS	I
	RFEEND. R	II - BA TAMIL	II
	SHARMILA . V	I - MATHS	III
ESSAY WRITING	BHUVANESHWARI. K	I- CHEMISTRY	I
	MADHURALA	III - BA TAMIL	II
	VINITHA. K	II - BA. ENG	III
DRAWING	MENAGAGANDHI. A	II - BA. TAMIL	I
	SUBBULAKSHMI. I	I - MATHS	II
	SNEHA . E	III - C.S	III



On 14.03.2022 at 10.00 am we went to **District Food Supply Office ,District Collectrate ,Tiruvannamalai.**with Bhvaneshwari, K.[B.Sc- I Chemistry ]who has won the first place in Essay Writing Competition. Menagagandhi. A, [.B.A I Tamil ] in Painting Competition and Saranya .C[B.Sc I Physics] in Speech Competitions.

All the final round competitions for Drawing, Essay writing and Speech were held between our college students and other college students from 11.00am to 1.00pm Lunch and snacks were provided for all the participants and for the staff incharge.

### **WORLD/NATIONAL CONSUMER PROTECTION DAY**

On 15.03.2022 world/national consumer Protection day was celebrated at 11.00 am in District Food Supply office, District Collectorate. The first hour students who won each contest (**Essay writing, Drawing, Speech**) went to **Tiruvannamalai district collectorate** along with Consumer Club Co-Ordinator **Ms. Chandhivel Dept of Physics.**

At the beginning of the ceremony, the district collector, training district collector and the district food supply officers all spoke about consumer rights and Acts. In many countries people are still without food to eat. So they asked us not to waste food. Consumers said that if we buy something from the manufacturer and there is a loss, we can approach the consumer court. They said that before buying any item one should look at its **quality, price, weight, expiry date and ingredients** etc.

After that **MENAGAGANDHI. A (II B.A Tamil)** student succeeded with **2nd place for drawing at District level** received a **shield and Certificate** from our District Collector **Mr. D. MURUGESH. Certificates** were awarded to SARANYA.C (I B.Sc. physics) and BHUVANESHWARI.K (I B.Sc. chemistry) as consolation prize for essay writing and speech competitions.

## WORLD WOMEN'S DAY CELEBRATION

On 08.03.2022 world women's day **citizens consumer club**, students ( **Physics and English department**) marched with banners and slogans about women's day from our college to unnamalaipalayam. To awarness about **women's right, Pride energy , women education, Progress and achievements** among the rural people. The rally was inaugurated by our principal **Dr. Sara Jasmine**

The slogans are:

- ❖ பெண் கல்வியை போற்றுவோம்
- ❖ உலகை நகர்த்தும் இயற்கை கடிகாரங்கள் பெண்கள்
- ❖ ஒரு ஆணின் முதல் தேடல் பெண்தான்
- ❖ ஒரு ஆணின் இறுதி தேடலும் பெண்தான்
- ❖ அழகால் நீங்கள் அல்லி மலர்கள்
- ❖ அறிவாய் நீங்கள் ஆர்ப்பரிக்கும் அலைகள்
- ❖ உடலால் நீங்கள் ரோஜா மலர்கள்
- ❖ உள்ளத்தால் நீங்கள் இரும்புத் திரைகள்
- ❖ ஒரு பெண்ணானவள் அன்பில் தாயாவாள்
- ❖ அழகின் தேவதை அறிவில் அவள் ஒரு மந்திரி
- ❖ சூரியன் இன்றி பூமி சுழலாது பெண்கள் இல்லாமல் இவ்வுலகம் இயங்காது
- ❖ பெண்ணாக பிறந்ததில் பெருமை கொள்
- ❖ மங்கையராய் பிறப்பதற்கு நல்ல மாதவம் செய்திடல் வேண்டுமம்மா!



2023

## AWARENESS ON SANITARY NAPKIN

On 10.02.2023 Mr. Plantfer Mrs. Sathiswari from **JRS NGO Tiruvannamalai** gave awareness to our college students about using **cloth and sanitary napkins** during **menstruation** periods.

Mr. Plantfer explained in detail to the students about cervical problems, Physical ailments caused by using sanitary napkins which are chemically treated and in the market with different names.

Mrs. Sathiswari explained about the uses of **antibiotic free, organic sanitary napkins** made out of **cotton cloth** and its benefits, so we encouraged the students to use it to eradicate the side effects. And also explained about user instructions and washing instructions.



The benefits of organic sanitary pads are

- ✓ Antimicrobial
- ✓ High absorbancy
- ✓ No irritation
- ✓ Reusable
- ✓ Comfortable

Finally students asked some doubts about safe pad and it was cleared up to their expectations.

## **WORLD TUBERCULOSIS DAY - 2023**

### **TUBERCULOSIS AWARENESS CAMP**

Tuberculosis Awareness Camp was conducted in our college on behalf of the Chief guests come **from District T.B. Control centre, Tiruvannamalai and Primary health centre, Karappattu.**

The chief guests Mr. GOPINATH, I.E.T.C. Councillor of Govt. P.H.C. Karappattu, Mr. SHESHATRI, District Health Educator, Mr. MADHU SUDHANAN, Master Theatre Supervisor are explained about T.B. and its causes by a type of **bacterium** called **Mycobacterium**. It spreads when a person with active T.B. disease in their lungs cough or sneeze and someone inhales that bacteria. The expelled droplets which contain the bacteria Although T.B. is spread in a similar way to a **cold or flu, it is not as contagious.**

Then our CCC student K. GOWRI from II Physics talked about **T.B. and Their causes.** She received participated certificate from the chief guest.

Mrs. Brinda, Treatment Co-ordinator gave awareness about T.B. Followed that our staff and students those who are having

**cough, coughing up blood**

**chest pain**

**fever**

**weight loss**

**pain with breathing or coughing**

**Not wanting to eat etc..**

were given chance to take **X-Ray test for TB. Additionally BP, Sugar, HIV test** also etc.

I (CCC Co-ordinator) also took TB, BP and Sugar test. Teaching and Non-teaching Students also take these test.



## **WORLD CONSUMER RIGHTS DAY**

On 15.03.2023 our Citizen Consumer Club has celebrated World Consumer Rights Day. Our club has organised Consumer Awareness and Rights Rally for Unnamalaipalayam Village people.

Rally started by our college Principal Rev. Dr. Sarajasamine. **All the club co-ordinators, CCC students (Phy, eng) and Parliament ministers** have taken part in this Rally.

During the Rally Students and co-ordinator went to each house to explain: **MRP, Net quantity, Manufacturing date, expiring date, Authorised mark/symbol, Ingredients** should be checked while purchasing goods and products.

During the rally Students Proclaimed these words like

Food consumers' rights and laws (in Tamil - "Food and food-related rights and laws")

BIS standard mark (in Tamil - "BIS standard mark protection")

FPO AGMARK consumer protection (in Tamil - "FPO AGMARK consumer protection")

Consumer rights (in Tamil - "Consumer rights protection")

JSD standards (in Tamil - "JSD standard mark protection")

JSD consumer rights (in Tamil - "JSD consumer protection")

Consumer protection (in Tamil - "Consumer protection - live long")

After the Rally, CCC coordinator has explained the Consumer Rights and Acts to Students.

The consumer rights are:

Rights to safety

Rights to choice

Rights to be informed

Rights to information

Rights to consumer education

Rights to Redressal.

Rights to basic needs.

To prevent unfair trade practices.

Responsibility to complaint.

Be responsible to the environment

Advertisement should not mislead consumer

The Consumer Protection Act, 1986 was enacted to provide a simpler and quicker access to redressal of consumer grievances.

## **ANTI-CORRUPTION AWARENESS**

Anti-Corruption awareness week was observed from 30.10.2023 to 05.11.2023 as per the instructions issued by the central "Anti-Corruption Commission".

In this regard on Monday **30.10.2023**, In the presence of the Secretary, in the college campus all the staff and students took **Anti-Corruption Awareness Pledge**. And this year based on the theme "**Say no to Corruption; Commit to nation**".

2024

## **WORLD CONSUMER RIGHTS DAY**

Consumer awareness was observed on 15.03.2024 as per the instructions issued by the citizens Consumer Commission. In this regard on March 15th, 2024, in the presence of the Secretary, in the college campus all the staff and students took Consumer awareness Pledge. And this year based on the theme "Fair and Responsible AI for Consumer"

### **National consumer day and World Consumer Rights Day. Competitions**

As per the circular received from **Thiruvannamalai district collectorate** G.O. No. JA/789893/2024 Dated 18.07.2024 to conduct competitions and send winner list.

On 05.08.2024 we have conducted the various Competitions Consumer protection and rights to all department students. The competitions started at 1.00pm to 3.00pm by Mrs. Chandhini Co-ordinator of Citizen Consumer club.

The topics covered are:

Avoiding food wasting

Consumer awareness of harm caused by false advertising

Consuming items such as Helmate, Pressure cooker with ISI and ISO logos for all

All the essay, Drawing and Poem were accessed by our college principal **Rev. Dr. S. Lourdu Mary and Secretary Rev. Sr. Samboorana Mary.**

At last we have selected **the winners list of I, II and III place.**

**1,Essay,Anitha . S,III. Maths,I**

**2,,Kaviyarasu . S,III. Physics,II**

**3,,Nithyasri . S,III. BCA,III**

**4,Poem,Valarmathi . M,III. English,I**

**5,,Swetha . M,I - CS,II**

**6,,Sivaranjani . S,II. Chemistry,III**

**7,Drawing,Mahalakshmi . K,III - CS,I**

**8,,Iswarya . S,II. Chemist,II**

**9,,Parthasarathi . S,III. English,III**